



G F & R D

VOLUNTEER

TIMES

CERT	Fire Corps	Community Assistance
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KIM'S CORNER

BY Kim Yonda
Gilbert Fire & Rescue
Volunteer Coordinator



This time of year often leads to thoughts of family for most of us. Yet how do we define family? Naturally many of us instantly thinking of our nuclear family... yet it can be much more. Some of us may define family as the people we meet in our lives that you can count on, make you feel secure or are supportive of who we are. Our volunteers today, tomorrow and always will be a part of our fire family. It's who we are, and how we support and empower one another. As we reflect back on 2017 I encourage you to take a moment to celebrate the day with those you hold dear.

Thank you to everyone who recently invested their time at our Everyday Heroes Event. Foster parenting is much more than simply loving a child. Many times it's the introduction of day to day routines that can impact a foster family and become a challenge. Foster children are faced with making new friends, meeting new people and building new relationships. It is an honor to host this event providing the children a positive experience with fire fighters and our volunteers. First responders and volunteers supporting foster families can truly make a positive impact.

May the magic and the wonder of the holiday season stay with you throughout the coming year!

Inside this issue

Special points of interest

- Cooks and Ladders
- Welcome New Volunteers
- Hot APPS
- Everyday Heroes
- Calendar Events



GF&RD VOLUNTEERS



Everyday Heroes was my first volunteer experience as a volunteer with Gilbert Fire & Rescue Volunteer Program and it was amazing. I heard the stories of how wonderful the event was but to experience for ourselves was absolutely incredible. To start out the day Chief Badgett went around and shook the hand of every volunteer and thanked them for coming. It was a reminder what a great organization we are all volunteering for and with. I got to see kids of all ages come in get to try on the turn out gear, laughing because it was so big on them, learning and trying out the HAM radio station, and even getting to open and

aim the fire hose with a Firefighter. I met one boy and his foster family that stole my heart. I was walking around taking pictures and came to the HAM station, his foster family told me that he was such an introvert that she was so surprised that he was willingly talking on the radio with the assistance of the volunteers at that station. She explained to me how he had previously told her that he was not going to play at any of the stations but now he was willingly participating and enjoying it. I watched him fly through the Firefighter obstacle course and get excited about working with the Firefighter aiming the water hose to hit the orange safety cones. Towards the end of the event I was in taking pictures of kids with Santa and I seen him walking towards Santa's Wonderland and let Santa know his name. Seeing this child's face light up when Santa called him by name was emotional. This little boy is so shy, yet during the event he was able to break out just a little bit and from what I've seen, thoroughly enjoy himself.

By Megan Madison

You've Been Spotted!

Someone noticed
how you went above
and beyond — and
we wanted to say
THANKS!



Gary Kapp
Gerhardt Obrikat



Cooks and Ladders



Hot Artichoke Dip

Submitted by: Diane Howard

1 can of Maria's Artichoke hearts (14oz.)

Drain well and mush with fork.

1 cup of mayonnaise

1 cup of Parmesan cheese.

Mix together well and place in oven at 350 degrees for about 30 minutes.

From: Meghan Carpenter

Sent: Thursday, November 30, 2017 3:32 PM

To: Kim Yonda-Lead

Subject:

To the most extraordinary Gilbert Fire & Rescue volunteers:

It is incredibly bittersweet that I have to share with you the news that I will be relocating with my family, and leaving my position with the Gilbert Fire & Rescue Department. It has been an honor and a privilege to become a part of the Gilbert Fire & Rescue family. An indescribable piece of that family is the hardest working, most dedicated group of volunteers I have ever seen. I have been privileged to see firsthand the dedication of our volunteers. From COM251 to CERT to those who help in Admin to event volunteers and so much more; you all exemplify a true generosity of heart and internal calling to serve others in a profound way. I have been so blessed to be a part of this remarkable program and department and have been humbled by the time, talent and generosity you all demonstrate every day. Thank you for welcoming me, teaching me, and allowing me to help support you.

I will miss you all dearly.

Sincerely,

Meghan Carpenter

Welcome New



Volunteers



Michael Ende



Megan Madison



Dawn Sauer



Logan Star

Hot APPS

**WATCH HERE THE
REMINDER APP!!
COMING SOON!!**



Fun with Puns

What did E.T.'s mother say to him when he got home?

"Where on Earth have you been?! "

**Editor's Reflections By Joe Nuttall**

The holiday seasons is upon us and our thoughts turn to family and friends. We scurry around to find the very best Turkey recipe, shop for that perfect gift, camp out for Door Deals, and we think "How did this come so quickly."

For many of us the years are flying by and we wonder, "It seems to go faster each year. **Surprise** it becomes shorter year after year.

Did the 15-16 teen year seem to NEVER come to an end? The year we were to finally experience FREEDOM and be able to actually drive ourselves to those all Important places and be able to date. At last we were to be free to roam; at least till our curfew. Ah the beauty of it, but it seemed to take so long to get there. Now that same 365 days seem to rush by at the speed of light. No surprise if you look at the relativity of time. At 15 the 365 days or one year was $1/16^{\text{th}}$ of our experience now as we approach the golden years of 50-60 it is $1/50^{\text{th}}$ or $1/60^{\text{th}}$ of our acquired wisdom; a much shorter time (relativity speaking).

Each moment is more precious, each memory acquired more dear. May we understand this relativity issue of time and be as Scrooge was with money, and be misers of time. Cherish each moment, enjoy the season and horde every second.

"Life is too short to be GRUMPY!"



FYI



Volunteer Jeff Taylor with two Home Owners who recently Installed LOCKBOXES!

Lockboxes are designed to allow fire personnel access to a home in emergency situations where the likelihood that forced entry is necessary. If you live in Gilbert and would like more details about the installation of a lock box on your home please call 480-503-6300. The program is free to qualifying residents



COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING SPRING 2018—CLASS 37

CERT training provides individuals with the basic skills needed to offer immediate assistance to family members and neighbors during an emergency.

1. Disaster Preparedness & Terrorism

Tuesday, January 23rd, 6-9pm

- All About CERT
- Disaster type, history, & probability
- What to do when a disaster strikes
- Natural gas, water & electrical controls
- Terrorism

3. Medical Operation I

Tuesday, February 6th, 6-9pm

- Stopping bleeding and controlling shock
- Burns, fractures and other injuries
- ABC's of life saving
- Triage

5. Search & Rescue

Tuesday, February 20th, 6-9pm

- Different types of construction
- Looking for damage
- Classifying damage buildings
- Interior search patterns, lifting heavy objects, victim carries

7. Skills Development

Tuesday, March 6th, 6-9pm

- Incident command system
- CERT Size-up
- Head to toe assessment

2. Fire Safety

Tuesday, January 30th, 6-9pm

- Types of fire and use of extinguishers
- Hazardous materials in the home/workplace
- Reducing fire hazards at home and work
- Extinguishing fires

4. Medical Operation II

Tuesday, February 13th, 6-9pm

- Treatment areas
- Head to toe assessments
- Burns, wound care, fractures & strains

6. Disaster Psychology

Tuesday, February 27th, 6-9pm

- Disaster trauma
- Team well-being
- Survivors' trauma

To Register for Our Upcoming CERT Training,
please call Gilbert Fire & Rescue Department at
480-503-6300 or visit:

<https://ec.volunteernow.com/custom/1390>.

For additional information, please contact
Kim Yonda-Lead at: Kim.Yonda-Lead@gilbertaz.gov

EVERYDAY HEROES!

**MAKING A DIFFERENCE IN FOSTER
CHILDRENS LIVES!**



MARK YOUR CALENDARS

DECEMBER

When	What	WHO	Where
11th 7:00-11:45 am/ 12:30-3:30 pm	Safety Town	CERT, Fire Corps	Houston Elem
11th 12:30—5:00pm	MCE	CERT, Fire Corps	ASU Polytech
12th 8:00-11:45am	Safety Town	CERT, Fire Corps	Oak Tree Elem
13th 11:30-4:00pm	MCE	CERT, Fire Corps	ASU Polytech
14th 11:00am	Sal's Pizza Delivery	CERT, Fire Corps	Various Locals
25th	<u>MERRY CHRISTMAS!!</u> Admin Office Closed		

JANUARY

When	What	Who	Where
1st	<u>Happy New YEAR !!</u> Office Closed		
20th 9:00-11:00am	COM 251 Quarterly Meeting	COM251 Volunteers	Room 6